

# PROGRAM

## North Brisbane Partners in Recovery Forum 2017

*Finding pathways towards wellness and recovery*

Thursday 2 November 2017

Victoria Park, Herston



TIME	PROGRAM		
8.30 – 9.00 am	Registration, arrival tea and coffee		
9.00 – 9.10 am	<b>WELCOME TO COUNTRY</b> – Songman Eric, Turrbal People		
9.10 – 9.25 am	<b>INTRODUCTION</b> Emma Davidson, Brisbane North PHN Consumer Representative, Kathy Faulkner, Manager, North Brisbane Partners in Recovery, Libby Dunstan, Deputy CEO, Brisbane North PHN		
9.25 – 9.50 am	<b>MY LIVED EXPERIENCE STORY</b> Emma Davidson, Brisbane North PHN Consumer Representative		
9.50 – 10.15 am	<b>KEYNOTE SPEAKER: More than a trail of breadcrumbs' lived experience led pathways to recovery</b> Dr Louise Byrne, RMIT University Fulbright Fellow		
10.15 – 10.35 am	Morning tea - Ballroom		
<b>CONCURRENT SESSIONS</b>	<b>LIVING IN RECOVERY</b> MC: Ged Farmer Ballroom	<b>CREATING WELLNESS</b> MC: Stephen Hawkins Quartz room	<b>BUILDING CAPACITY</b> MC: Dominic Hale Alabaster room
10.35 – 11.35 am	<b>CONSUMER AND CARER SESSION</b> Paula Arro, Brisbane North PHN Dr Louise Byrne, Lived Experience Researcher, RMIT University Eschleigh Balzamo, CEO, Brook RED Lisa Jones, Director of Recovery, Metro North Mental Health Peter Deller, Neami National Hellie Fox-Taylor, Peer Worker, Neami National	<b>MENTAL HEALTH NURSING</b> Eric Van Hooijdonk, Mental Health Nurse, Morayfield Psychology Centre Sue Hanger, Mental Health Nurse, Morayfield Psychology Centre Sarah Ross, Mental Health Nurse, Morayfield Psychology Centre	<b>EQUINE THERAPY</b> Kelly Bagshaw, Open Minds
11.35 – 11.40 am	Move to concurrent session		
11.40 – 12.40 pm	<b>ACCESSING THE NDIS</b> Karen Opitz, Assistant Director Stakeholder Engagement, NDIS	<b>SENSORY MODULATION</b> Julie O'Sullivan, Metro North Hospital and Health Service	<b>HEALTHY BODIES, HEALTHY MINDS</b> Justin Chapman and Caitlin Hall, PCYC
12.40 – 1.30 pm	Lunch break - Ballroom		
1.30 – 2.00 pm	Ballroom <b>THE NEUROSCIENCE OF SINGING</b> – Creativity Australia		
2.00 – 2.05 pm	Move to concurrent session		
2.05 – 3.05 pm	<b>SAFE SPACE – SCULPTING IMPLEMENTATION</b> Rachel Watson, Wesley Mission Queensland	<b>HOW WE THINK ABOUT FOOD – FRIEND OR FOE?</b> Shane Jeffrey, FMB Wellbeing – Food Mind Body	<b>BORDERLINE PERSONALITY DISORDER WORKSHOP</b> Danielle Fearn, Metro North Mental Health Nicola Bristed, Consumer and Carer Rep, North Brisbane PiR
3.05 – 3.10 pm	Move to final plenary - Ballroom		
3.10 pm	Working afternoon tea - Ballroom		
3.10 – 3.50 pm	<b>KEYNOTE SPEAKER: The body as a marker for the mind</b> Dr Cameron McDonald, Dietitian and Exercise Physiologist		
3.50 – 4.00 pm	<b>FORUM CLOSE</b> – Kathy Faulkner, Manager, North Brisbane Partners in Recovery		